

SAINT MARY'S REGIONAL MEDICAL CENTER

Russellville, Arkansas



Population: 26,014 • Service Area: 66,746

LOCAL POINTS OF INTEREST

- **Ozark Mountains** – offer abundant opportunities for mountain bike riding, water skiing, hiking, horseback riding, fishing, canoeing, kayaking, boating, swimming, camping and rock climbing
- **Lake Dardanelle State Park** – home of Lake Dardanelle, famous for its bass fishing, and a new \$2.4 million Visitor's and Aquatic Center
- **Mount Nebo State Park** – 14 miles of trails that offer breathtaking views of the Arkansas River Valley

Welcome to the Natural Choice in the Natural State. Welcome to Russellville, Arkansas. Located on the banks of the Arkansas River, between the Ozark and Ouachita Mountains, this family-friendly community is surrounded by forest-covered mountains and crystal clear streams.

the Butterfield Overland mail route. Education is an important part of community life. The Russellville School District has more National Board Certified teachers than any district in Arkansas. The city is also home to Arkansas Tech University, which offers both undergraduate and graduate programs in a variety of academic disciplines.

THE HOSPITAL

Saint Mary's Regional Medical Center is a 170-bed facility, accredited by the Joint Commission. Saint Mary's has been serving the Arkansas River Valley for more than 75 years and currently has 77 active physicians on the medical staff. Saint Mary's offers a wide range of medical services, including Women's and Children's Services, Cardiac Catheterization, Diagnostic Cardiac Services,

Inpatient Physical Rehabilitation, Orthopedics, Outpatient Therapy Center, Sleep Study Lab, Hyperbaric Wound Care, Comprehensive Cancer Center, Senior Services, Inpatient and Outpatient Surgery, Diagnostic Imaging, Skilled Nursing Facility, MSICU, 24-hour Emergency Services and Home Health.

THE COMMUNITY

Downtown Russellville has benefited from a major redevelopment program in recent years, and the city now serves as the business, government and cultural center for the Arkansas River Valley. The revitalized downtown area features a newly restored historic Downtown Depot, with a Visitor's Center and railroad museum. Each October, the Main Street Russellville Downtown Fall Festival is celebrated, and Valley Fest, held in June, attracts more than 25,000 people for food, games and music. The Potts Inn Museum is one of the best preserved stagecoach stations on

RECREATION

Located in the foothills of the Ozark Mountains, Russellville offers abundant opportunities for the outdoor and recreational enthusiast. It's all here: mountain bike riding, water skiing, hiking, horseback riding, hang gliding, fishing, canoeing, kayaking, boating, swimming, camping, rock climbing and more! There are 12 city parks and three golf courses, and four state parks are located within 30 minutes of the city.

Lake Dardanelle State Park features numerous waterside campgrounds and recently opened a new Visitor's and Aquatic Center, a \$2.4 million, 10,000-square-foot facility with four large aquariums. Covering 34,000 acres, Lake Dardanelle is famous for its bass fishing, hosting over 50 tournaments annually. At 1,350 feet, Mount Nebo delivers breathtaking views of the Arkansas River Valley. Fourteen miles of trails encircle the mountain, which is part of Mount Nebo State Park. There are 35 campsites and 14 fully equipped cabins. Passing through Russellville is State Highway 7, designated as part of the National Forest Scenic Byways and offering beautiful mountain scenery and fall colors.



Tri-Peaks Race



Lake Dardanelle



Hickey Pool



DISTANCE TO MAJOR CITIES

Hot Springs, Arkansas . . .	72
Little Rock, Arkansas . . .	74
Fort Smith, Arkansas . . .	84
Memphis, Tennessee . . .	205

SAINT MARY'S
Regional Medical Center
Living our values. Keeping our promise.



SAINT MARY'S REGIONAL MEDICAL CENTER

1808 West Main Street
Russellville, Arkansas 72801



Hospital Services

EMERGENCY

24-Hour Emergency Department
24-Hour Board Certified Physician Staffing
24-Hour Specialty Consultation
Two Trauma Rooms
Onsite Diagnostic Resources

SURGICAL

24-Hour Anesthesia Coverage
Ear, Nose, and Throat Surgery
Endoscopy Services
ESWL Services
Foot Surgery
General Surgery
Gynecological Surgery
Inpatient & Outpatient Surgery
Laparoscopy
Lithotripsy
Orthopedic Surgery
Recovery and Post Anesthesia Care Unit
Joint and Spine Program
Urological Surgery
Vascular Surgery

ACUTE CARE

Acute Care Physical Therapy
Dietary and Diabetes Counseling
Medical/Surgical
Oncology/Cancer Center

INTENSIVE CARE UNIT (11 Beds)

Advanced Monitoring & Equipment
Medical and Surgical Intensive Care
Negative Pressure Isolation
Telemetry Beds

DIAGNOSTIC IMAGING

Cardiac Cath Lab
CT Scan with 3-D Capacity
Diagnostic X-ray Services
Echocardiography
Fluoroscopy
Interventional Radiology
Mammography
MRA
MRI
Nuclear Medicine
PACS
Stereotactic Breast Biopsy
Teleradiology
Ultrasound
Vascular Doppler Studies

INPATIENT REHABILITATION (20 Beds)

Occupational Therapy
Physical Therapy
Recreational Therapy
Registered Dietician
Social Worker
Speech/Language Pathologist

OUTPATIENT REHABILITATION

Diabetes Self-Management (*ADA recognized*)
Driver Rehabilitation Assessment
Fall Prevention
Fibromyalgia Program
Flexibility Assessment
Functional Capacity Exams
Hand Therapy Program
Healthy Back Program
Healthy Life (*Wellness Program*)
Industrial/Occupational Assessments
Low Vision Rehabilitation
Lymphedema/Post-Mastectomy Rehabilitation
Men's and Women's Incontinence Program
Occupational Therapy
Physical Therapy
Speech/Language Therapy
Vestibular Rehab/Balance Program
Women's Health Therapy
Wound Management

WOMEN'S HEALTH

Birth Suites Designed for LDR
Childbirth Education & Classes
Epidural Services
Labor and Delivery
Lactation Consultant
Level I & Level II Newborn Nursery
Obstetrics and Gynecological Care
Private Postpartum Rooms
Surgical Suite

MEDICAL SPECIALTIES

Anesthesiology
Cardiology
Dentistry
Dermatology
Emergency Medicine
Family Practice
Gastroenterology
General Surgery
Hematology
Hyperbarics
Internal Medicine
Nephrology
Obstetrics/Gynecology
Oncology
Ophthalmology
Oral/Maxillofacial Surgery
Orthopedics/Surgery
Pediatrics
Podiatry
Radiation Oncology
Radiology
Sleep Lab
Urology

CARDIO PULMONARY

Cardiopulmonary and Respiratory Care
EKG and EEG
Holter Monitoring
Pulmonary Function Lab
Stress Testing

OTHER

Acute Care Rehabilitation Unit
Cancer Center (*Radiation Oncology, Medical Oncology*)
Cardiac (*Angiography, Telemetry, Cath Lab*)
Cardiopulmonary/Respiratory (*EKG, Pulmonary Function Lab*)
Dialysis (*Inpatient*)
Emergency Department
GI/Endoscopy Lab
Home Health
Hyperbaric and Outpatient Hyperbaric Treatment
Imaging (*CT, Nuclear Medicine, Lithotripsy, Ultrasound, Mammography, MRI, MRA, Teleradiology*)
Intensive Care Unit (*MSICU*)
Labor & Delivery (*LDRs, Nursery*)
Laboratory (*Hematology, Immunology, Microbiology, Transfusion, Urinalysis, Chemistry*)
Occupational/Industrial Medicine
Nutritional Counseling
Pediatrics Unit
Rehabilitation (*PT, OT, Speech*)
Skilled Nursing Facility
Sleep Center
Special Services (*EEG, Stress Testing, Holter Monitoring*)

SUPPORT

AARP Safe Driving Class for Seniors
Community Health Screenings
Case Management/Utilization Review
Community Education Lectures
Educational Services
File of Life – *Medication Reconciliation Program*
Friends and Family CPR
Gift Shop
GoodMoms – *Physician educational seminars for new moms*
Health and Wellness Education
Ministerial Alliance
Patient Access Services
Online Registration
Online Bill-Pay
Physician Referral Program
Red Hot Mamas – *Physician educational seminars for women*
Registered Dietician and Nutritional Counseling
Super Sitter Babysitting Training
Support Groups
Diabetes and Stroke Support Group
Parkinson's Support Group
Tobacco Cessation Program
Vintage Club – *Physician educational seminars for 55+*
Volunteer Services

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